



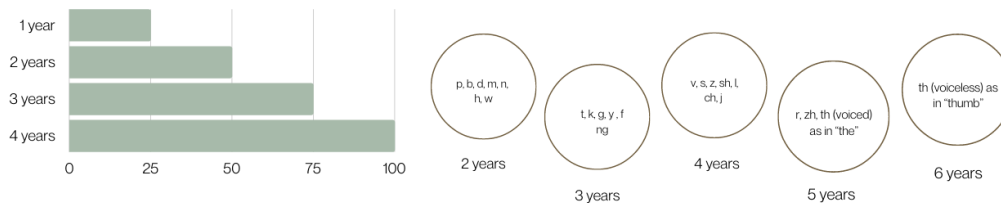
Parent Quick Guide to Identifying:

Speech & Language Developmental Delays & Occupational Therapy (OT) Developmental Milestones

Signs of Language Delay:

- **Birth to 3 months:** Not smiling or playing with others
- **4 to 7 months:** Not babbling (e.g. bababa)
- **7-12 months:** Making only a few sounds and not gesturing (e.g. waving or pointing)
- **12-18 months:** Producing only a few words
- **24 months:** Producing less than 50 words and not combining 2-word phrases (e.g. "more milk" or "hi mama")
- **24-36 months:** Having difficulty playing and talking with other children
- **36 months:** Showing lack of interest in early reading and writing skills (e.g. drawing or looking at books)

How Well Should My Child be Understood by Others & at What Age Should My Child Have This Sound?



OT Developmental Milestones:

- **8-12 months:** Uses pincer grasp to pick up small items, turns pages of book, crawling, pulls to stand, cruises on furniture, may walk with one hand held, finger feeds self, extends arm/leg during dressing, holds a spoon (may treat it as a toy).
- **13-24 months:** builds a tower with blocks (2-6 blocks), scribbles on paper with crayon, walks without support, throws a ball forward, propels "ride on" toys with feet (no pedals), brings spoon to mouth, removes socks and shoes (laces undone).
- **25-36 months:** imitates drawing vertical line, strings 4 beads, snips with child safe scissors, kicks stationary ball, catches large ball, balances on one foot (few seconds), pulls pants down & up with minimal assistance, buttons large buttons, washes & dries hands independently
- **3-4 years old:** makes snips on line with scissors, begins to write with 3 fingered grasp on pencil, walks downstairs with alternating feet, jumps 12 inches off ground with both feet, puts shoe on completely, unzips and snaps clothing, puts on clothes independently.
- **5-6 years old:** Cuts out simple shapes, writes own name, writes numbers 1-10, throws a ball overhead 10 feet, completes somersault, blows nose independently, ties shoes with demonstration, turns clothing right side out.
- **6-7 years old:** Writes consistently on line, forms most letters correctly without assistance, walks backward heel-to-toe, rides a bike without training wheels, showers/bathes independently, can prepare a simple meal, can tell time.

WHAT IF I HAVE CONCERNS?

Contact us to schedule a speech and language and/or occupational therapy evaluation

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